

## Cultivate Discipline and Love

*If money is lost, one need not be worried about it,  
for one can earn it again.  
If a friend is lost, one can have another.  
If wife is lost, one can marry again.  
If one loses one's piece of land,  
one can purchase another.  
All these can be regained,  
But if body is lost, one cannot get it back.*

[Sanskrit sloka]

In Latin language, human body is associated with the terms 'sacredness' and 'purity'. The *Upanishads* proclaim that human life is highly respectable. Man is put to grief because he misuses his body, not knowing its value and sacredness. You can understand the significance of the human body in your daily life only when you enquire into the mystery of God's creation. Human body inhales the life supporting oxygen and

exhales the poisonous carbon dioxide. It partakes of delicious fruit (*phala*) and excretes the foul smelling fecal matter (*mala*). Likewise, man should accept that which is sacred and give up all that is unsacred. Due to the impact of *Kali* Age, he is accepting bad and giving up good. Unable to realize his innate divinity, man is taking to paths that are contradictory to the principles of *sathya* and *dharma* (truth and right action).

### **Time is the most important factor in human life**

All flowers that blossom may not get transformed into fruits. All fruits may not become ripe. Once a fruit is ripe, it falls down immediately. Similar is the case with human life too, but man fails to understand the temporal nature of the human body. He feels proud of his education and achievements and gets deluded by the material comforts, which confer only mean and momentary pleasures. He puts his most valuable body to misuse in pursuit of worldly pleasures.

Time is the most important factor in human life. Days, months, and years are respectively like second hand, minute hand, and hour hand of a clock. All the three hands are constantly on the move. No one knows when the appointed hour arrives.

The whole world is permeated with magnetic energy. Green pasture attracts the cow. Flower attracts the honeybee. Mother attracts the child. You are unable to understand the magnitude of this attraction power and are taking it for granted. There is power of attraction between human beings, birds, animals, and even insects. The world cannot exist without magnetic power.

For a long period of time, scientists were under the mistaken notion that magnetic power is the same as atomic power. Only of late have they recognised the difference between the

two. This magnetic power is present in the human body from top to toe.

There are innumerable unseen powers present in man. They are known as transcendental powers (*atheeta shakti*). Scientists know that energy, which is infinite and unfathomable, can be neither created nor destroyed. Since time immemorial, man has been investigating the nature of this energy. They have come to the conclusion that the whole world is based on psychotronic power, which is also termed bioplasmic power. This is present in every cell and every vein of the human body. Human mind cannot comprehend the nature of this power.

This power is also called *ajnatha Sshakti*, that which is not known. All these powers are not visible to the naked eye. It was this power that enabled mother Sita to lift the mighty *Siva Dhanush* (bow of Siva) with her little finger. It was then that king Janaka decided to give his daughter in marriage to one who was equally powerful. Sage Viswamitra, who had understood the intimate relationship that exists between Divinity and transcendental power, took Lord Rama to Mithilapura and solemnised the marriage.

### **Whatever appears as matter also becomes energy**

Very often, scientists refer to the two terms —matter and energy— but truly only energy exists. Whatever appears as matter also becomes energy in due course of time. None can describe the glory and grandeur of this transcendental power. "*Yatho vacho nivarthanthe apraapya manasa saha* (this energy is beyond the comprehension of the mind and description by words)." This transcends the powers of body, mind, and intellect. Who has created this power? Under whose control does this power lie? In whose hands does this power exist? Who can

manifest these powers and prove their existence?

Manifestation of these powers can bring about a divine transformation in the hearts of men. Swami wants that such changes should take place from now onward. It is impossible to say when, where, and how this power will manifest itself. Merely listening to the glory of this power may not evoke interest in you. You will understand only when you experience it. This is the super-human divine power. Very soon you are going to witness it.

**I do not trouble anyone and none can trouble Me**

You may have read the news item in a newspaper this morning that Swami is not speaking because of students. It is sheer nuisance. It was specifically mentioned, very incorrectly, that Bangalore students are responsible for Swami desisting from speaking. By publishing such a wrong news item, the image of Bangalore students has been tarnished.

No student has ever troubled Swami in any way. In fact they have been pining for Swami incessantly. The relation between me and students is heart to heart, and prompted by selfless love. Such wrong information even flashed in the internet, so much so that Goldstein, from America, being greatly agitated, contacted Prasanthi Nilayam to find out the Truth. He was very much relieved to know the truth. Do not believe in such false propaganda. I do not trouble anyone and none can trouble Me.

All our students are good. Such good students should not be put to disrepute. Unknowingly, they may commit a few mistakes, but no one has ever troubled Swami. No one should come between the noble heart of Swami and the sacred minds of the students. Some of the elders sitting in the verandah are indulging in gossip. It is finding its way into the internet. Any-

one found talking in the verandah should be sent out immediately, whosoever it may be.

All those who give misleading information about what Swami tells them in the interview room should also be thrown out. I will never call such people for interview again.

Only those who observe silence are good people. Silence fosters purity. Therefore observe silence at all times. It is a waste of time if you carry tales about others. What have you come here for? Vain gossip causes harm to many. So refrain from indulging in it.

### **Do not become a slave to technology**

Ignorance is on the rise with the progress of science. Truly speaking, science has not matured. Man has become senseless. All the trials and tribulations faced in this world are due to the so-called development in science and technology. It is not technology but it is '*tricknology*'. Do not become a slave to such technology. Uphold truth and righteousness. Cultivate love and experience divinity.

*Students!* Do not harbor any undesirable thoughts. Do not get perturbed by such misinformation campaigns. Swami is always with you. He has been showering His love and grace on you. You too have immense love for Swami. Attain Swami through love. You cannot attain Swami through any other path but love.

Swami has nothing to do with internet. Not only now, even in the future also you should not indulge in such wrong activities. This 'disease' has its roots in cities and is spreading like wild fire into villages, polluting the village environment. Villages are the epitome of peace and love. Do not spoil the village atmosphere by imitating the city culture. Bliss will prevail in the world only when you develop peace and love. Do not

give scope for ill feelings and worthless talk. You can even reprimand the elders who indulge in mean talk. Tell them to behave in a manner that befits their status as elders in the society. They should prove themselves as elders in conduct and not by age. Self-respect leads to self-satisfaction, which will in turn leads to self-realisation. It is a shame that people who come here for self-realisation indulge in something contrary.

Our relationship is only heart-to-heart and love-to-love, nothing else. Swami is love personified. Swami gives importance to love and nothing else. Do not give any value to mean and meaningless talk. Past is past. From now onward, receive the divine love and divine energy emanating from Me and experience the bliss derived therefrom.

15 October 1999  
Prasanthi Nilayam