

12. Ghora And Aghora Aspects Of God Are Only Reflections Of Your Thoughts In The Mirror Of Brahman

It is only after a digit that the zero will have any significance and value. Similarly we must first think of God who is only one, and the living world after Him. The world will acquire some value only if it comes after God.

A *dharva* is one of several names for *Parabrahma* who is also known by the name *Swaha*. The meaning of the word *Adharva* is something which is steady and unchanging. In addition to this, in the *Vedas* it is also known as *Pranatma* or *Prajapati*. The *Adharvana Veda* has declared that this *Adharva* was the first to generate fire. The *Rishis* first used this fire

generated by *Parabrahma* for their rituals and ceremonies and gave names like Brahma, Vasishta, Prajapati, Brihaspati and so on. In this way while performing the sacrifice, they recognised the importance of *Atharva*—the source of the fire—and also the aspects that were implied in these names given to persons functioning as *Rithwicks*. This *Atharva* has been installed as the basis in many places of origin and used as the basis for the prosperity of the world. In the context of the name Prajapati, *Atharva* was understood as *Atharva Veda* and in the context of *Rithwicks* some other aspects were also recognised. These *Vedas* were propagated in the world through the name of Prajapati. For all the *manthras* in the *Vedas*, there is a beginning and an end. The sound that is uttered in the beginning and in the end is called *Pranava*. That this *Pranava* is the same as *Atharva* has been said in the *Atharva Veda*.

In this *Veda*, it has been said that Prajapati has two distinct aspects. One of these is called *Rudra Akara* and the other is the opposite of it and it is *Arudra Akara*. In the context of Shiva, one of these aspects has been described as *Mangalakara* or one who gives prosperity and good. There is an opposite side of it called *Rudra Akara*. These two aspects differ in form and appearance,

but we have not tried to realise the oneness or unity that is present in both aspects. Not only in God do we see these two aspects of anger and peace, we see them also in the whole created world—occurring side by side. The aspect that one really notices depends totally on the attitude of one's mind. When the fearsome Narasimha (Man-lion god), emerged out of the pillar, Prahlada witnessed His form but enjoyed the serenity enshrined within.

Prahlada was deeply immersed in happiness when he looked at this peaceful attitude. To Hiranyakasipu, who regarded himself as an enemy of God, the very same Narasimha appeared in an angry mood. That the same was seen by one as Shiva and another as Rudra has to be interpreted by saying that these two aspects are not intrinsic to God but arise from the different attitudes which the devotees themselves possess. As an illustration, we note that when we eat some things within limits it is not going to cause any harm and will be useful. On the other hand, if we exceed the limit and overeat, the very same thing can cause disease and lead us even to death. *Atharva Veda* has been telling us that this word food has been coming from the root word *Ad* which means to eat. *Adyate* means some material which is edible. *Aditi* stands

for something that is being eaten. The one who eats, the material that is being eaten, and the act of eating are all represented by the root words *Ad*, *Adyate* and *Adti*.

This sacred name which applies to what is edible and to the act of eating and to the one that is eating has been recognised as a form of Brahman in the word *Angirasa*.

By the grace of Prajapati and the *Rithwicks* and with the help of *Atharva Veda*, we are able to recognise the great qualities in this. This *Veda* has been called by other names like *Kshatra Veda*, *Brahma Veda*, *Angarva Veda* and so on.

The *Atharva Veda* which has these alternative names has acquired and incorporated into itself some changes which are important. According to tradition, for *Gayatri Parameswari*, there are three feet namely *Yajur*, *Rig* and *Sama Vedas*. *Mimamsa* stood as her body and *Atharva* stood as the head of *Gayatri Parameswari*. Thus, while *Atharva Veda* had acquired such a prominent place over time, we are still giving prominence only to the other three *Vedas*.

Amongst all the *Vedas* the *Atharva Veda* has the distinction of being the oldest and the most important. The *Atharva Veda* has also been telling us that one

aspect of *Parabrahma* is not simply the words in the *Veda* but is the *Veda* itself. It was proclaiming the aspect of Shiva for the prosperity of the world and in addition to this, it has been giving us *manthras* which are directly responsible for the creation, sustenance, and dissolution. In the *Atharva Veda*, these aspects are represented by two words *Ghora* and *Aghora*.

In common parlance, we use these words only when we want to describe some fearful or troublesome things. In this context, the word *Ghora* has, however, been used to signify something which is an obstacle to *Ananda*. But if we do what we should do and if we follow the right path which we should follow in this life, we can get a kind of *Ananda* called *Aghora*. Limited eating gives us *Ananda* which may be called *Aghora*. Unlimited and uncontrolled eating gives something different from *Ananda*. It gives trouble which may be called *Ghora*. We should ask ourselves if it is the food we eat that is responsible for this *Ghora* or *Aghora*. The food is not responsible for either the feeling of *Ghora* or *Aghora*. These are only results of the aspects of the mind and the desires of man.

With a sharp knife, we can do several useful things like cutting fruits and vegetables; but if one gets into a

fit of temper, one can also cause harm to the lives of other people. If a doctor has a sharp knife with him, he will put it to good use. If the same sharp knife is in the hands of a murderer, he will kill people. For both these things, it is the attitude of the individual that is responsible and not the knife. The inner meaning of what has been said above regarding the attitude of the mind is contained in the statement, *Manayeva Karanam Manushyanam Bandha mokshayoh*. That is, as a result of the attitude of mind, these two aspects *Ghora* and *Aghora* arise. Because Brahman is omnipresent, Brahman is present even in the minds of all people. The *Ghora* and *Aghora* have been used to represent the two aspects of mind. *Ghora* and *Aghora* are not two distinct attitudes nor are they separate situations. One happens to be the opposite of the other.

This may be referred to as one being a reaction of the other. Such contraries or opposites are present in every aspect and in every situation. Pain and pleasure always come together and no one can separate them. Pleasure is something which we cannot see in an isolated condition. If pain fructifies, we call it pleasure. Just as pain and pleasure are not two separate things, so also, *Ghora* and *Aghora* are not two separate entities.

For the prosperity of the world, Prajapati is taking the aspect of *Ghora* as a kind of cure. The aspect of *Ghora* which Prajapati is taking for a specific purpose is being regarded as something which signifies terror. This is not right. From time immemorial, several *Maharishis* were performing *thapas* and used to undergo many troubles. In this process, in order that the person who is doing *thapas* may reach a certain stage and get recognition, God creates obstacles in his path. This is not a trick on the part of God nor is it the purpose of God to give trouble to the devotee. After a year of education, the University conducts an examination. This examination is being conducted with a view to sending you to a higher class and is for your own good. It is not conducted to trouble you. We are calling this examination a test. So also, God introduces an occasional test to find out the strength of the person performing the *thapas*. Because our attitude towards the test is not correct, it sometimes gives us the feeling that the test is causing us great trouble. Sometimes, we pray to God and say: "Oh God! why are you subjecting me to all these tests?" We pray that these tests be stopped. If the tests are stopped, you cannot rise to a higher level. If one wants to learn to drive a plane or a boat, one must obtain a certificate of fitness or a licence

and for this one will have to go through a test. In order that we may receive a certificate, these tests are an absolute must. If one desires that there should be no test, it means that there is no desire to reach a higher level and that one wants to remain where one is.

There is a good example in our ancient *Puranas*. King Sibi was a person who had sacrificed many things. He had all the good qualities and was always immersed in the thought of God. While Sibi was a great king and had all the wealth, Indra and Agni had a plan to test the real sacrificing nature of this king. Agni took the form of a dove and Indra took the form of an eagle which attacks the dove. Agni, in the form of a dove came running to the King and appealed to him to save him as he was being attacked by a big eagle. The king promised to protect the dove which was being attacked and therefore the eagle could not get hold of the dove. At this time, the eagle started arguing that since it was hungry and since it came as a hungry bird, it was the duty of the King to give up the dove to satisfy its hunger. The King then said that since he had undertaken to protect the dove, it was not possible for him to hand over the dove but he would instead offer to give an amount of his own flesh equivalent to the flesh of the dove and thereby

satisfy the eagle's hunger. The King got a pair of weighing pans and placed the dove in one of the pans. In the other, he began placing chunks of his own flesh. Even after large amounts of flesh from his body were put in, the pans were not balanced. Finally, finding that he had nothing more to offer, he himself sat in the pan and offered his entire body to the eagle. Agni and Indra, in the form of the dove and the eagle, were very much moved at this selfless spirit of sacrifice. They presented themselves before the King in their true form. Indra and Agni then said that no amount of learning in the *Vedas* can bring one as much satisfaction as the spirit of sacrifice would, and in this manner they praised the King.

When such tests come from God, they come in order to shower grace and not to trouble the devotee. It is not possible for all persons to understand and comprehend God's strength. One who knows Brahman becomes Brahman himself. The saying *Brahmavid Brahmaiva Bhavati* means this. In other words, unless one rises to the stature of Brahman, he will not understand Brahman. Similarly, through truth alone can one comprehend truth. One cannot understand truth through untrue methods.

Neither we nor our minds are behaving in a manner in which they should. Because our minds are

not what they ought to be, the world is not as it ought to be. Man is synonymous with mind and mind is synonymous with desires. If there are no desires, there is no mind. If there is no mind, there is no man. Therefore, if you really want to recognise the country, we should realise that the country consists of men and it is the conglomeration or grouping of men that constitutes the country.

This is a piece of cloth and it is prepared from a bundle of threads. If there are no threads, there cannot be a piece of cloth. This thread has been prepared from cotton. If there is no cotton, there can be no thread and if there is no thread, there is no cloth. Our desires which are in the form of cotton get woven up into our mind which is in the form of thread and our mind which is in the form of thread comes together and makes up the man. The desires have, no doubt, to be there and they need not be completely eliminated, but these desires have to be consistent with our education and culture, and they should be such as will bring us respect.

One must examine the desires that one has in him in the context of his country, his education and the reputation of his parents and one must ask if he is conducting himself appropriately. Therefore, the kind of

desires with which we fill our heads should be such that they are consistent with accepted norms. If these are not so, it is better to have an empty head rather than fill it up with the wrong kind of desires. You can introduce anything you wish into an empty head, but it is not possible to put anything into a head already filled with all kinds of things. If the head is filled with things which are characteristic of this Kali Yuga, how can your head have any place for good things. If you cannot get good things in the head, then what is the use of this head?

Because there is no place in our country where righteousness can thrive, *dharma* has fled to the forest. Cruelty and sin that should have remained in the forest have entered the populated villages. The reason is that our ideas and thoughts are not in a position to retain *dharma*. Pandavas who were the embodiment of *dharma*, had to go to the forest because all the habitable places were occupied by people like Duryodhana. The latter did not leave any place for *dharma*.

Today in the Kali Yuga, the behaviour of people is taking a weird shape by which heads filled with bad thoughts, ears always prepared to listen to criticism of the people around and eyes with which people constantly

watch stealthily what is happening elsewhere, are in evidence everywhere. Our talk is such that it wants to deceive others. If such bad actions and thoughts prevail, how can *dharma* stay on? These good and bad aspects are called *Ghora* and *Aghora*.

In this context, you may have a doubt as to how these terms *Ghora* and *Aghora* are relevant to the aspects of God. It is easy to understand that if bad thoughts and actions are in an ordinary person, that is *Ghora* and if they do not occur, it is *Aghora*; but one may ask how one can associate these with God. Are there good and bad qualities associated with God as well? But when we ask this question, there is one truth which we have to recognise in the aspects of Brahman. Brahman has no form. Brahman has no qualities or *gunas*. Brahman has only a name and is like a mirror and looking into the mirror, we create a form.

If we go and stand in front of a clean mirror, what we see is a reflection of ourselves. In this context we have to ask whether the image we see is simply a reflection of ourselves or whether it is a part of the mirror. This clean mirror is only reflecting the image of yourself, but your image is not already present in the

mirror. The bad and the good that are present in you are reflected. God has neither good nor bad qualities. When you stand in front of the mirror, your own image is reflected therein. If you do good, it is reflected as good or *Aghora*; and if you do bad, it is reflected as bad or *Ghora*. Thus, these bad and good aspects are arising from within your own self. One cannot find fault with God and attribute motives to Him. If, inspite of it, you do so they are only artificial and are the result of your own imagination.

If you do not notice or experience the grace of God, you think that God is not close to you. You also sometimes say that you have tried your best in many ways to go close to God and God is going farther away from you. This is a meaningless statement. There is no point in saying that you are going close to God and God is going farther away from you.

Here is a small example for this. A person who is standing close to me may be thinking that Swami is far away from him. We can examine this statement on the basis of the laws of physics. If the distance from a person to me is small, the distance from me to that person cannot be different and larger. Similarly if I hit a

piece of wood, I say that I have hit the piece of wood but that is not all. The piece of wood has also hit me equally hard. This is in the nature of a reaction. It can never be that the reaction is unequal to the action. In the same manner, in the spiritual aspect as well, there is no question of your thinking that you are going close to God and that God is going away from you or your thinking that God is keeping at a distance in spite of your getting closer to Him. As close as you are to God, so close is God to you. If you understand this truth, then you will realise that God is everywhere. There is no such thing as God being far away from you when you are close to Him. Those who recognise the truth in this statement and realise that God is omnipresent will experience the proximity to Divinity.

The *Atharva Veda* has given us clearly a description of what nature is and the laws that govern matter as well as spirit. From this *Veda*, we can also learn what path we must take in order that we may escape the sorrows and pain which are to be found in this world. Because *Atharva Veda* has taught us how to overcome the strength and power that is stronger than ours, it is also regarded as one which tells us about all the weapons with which we should defend ourselves. We should not

consider *Atharva Veda* as something connected with the secrets of material weapons, or weapons with which one fights another in this material world. *Atharva Veda* has really given us the weapons with which we can fight the inner human problems like sorrow and pain.

An individual who has gained control over the mind is far stronger than an individual who has gained control over the material world. An individual who has discovered the atom bomb may be able to destroy the world and reduce it to ashes, but he has no weapons with which he can diminish or destroy the *Ananda* in a place. If one can gain mastery over one's own senses, then he can get *Ananda* in an abundant measure. The contradiction that arises between the internal aspects or feelings and the external aspects or feelings can be removed by the knowledge of *Adharva Veda*. Today we are regarding *Atharva Veda* as something that is separate from the other three *Vedas*—*Yajur*, *Rig*, and *Sama*. This is not correct. The *Atharva Veda* is something which is latent and is in fact present in all the three *Vedas*. Just as Yoga is latent and is present in all the *Karma*, *Upasana* and *Jnana*, so also, *Atharva Veda* is present in all the *Vedas*.

In *Bhagavad Gita* we have all the chapters taking the name *Yoga* like *Karma Yoga*, *Jnana Yoga*, *Vibhuthi*

Yoga and so on. It is not possible to say that one is more important than the other. This is because *Yoga* is common to all the chapters and is indeed most important. If we want basically to look at all things as one and find the common content, then the position is different. On the other hand, if you do not have this oneness as the basis, then you look at individuals and say that one is wearing a blue shirt, another a red shirt and yet another a yellow shirt; it means that our eyes are giving importance to the differences rather than the oneness that is present in all of them. If we put blue glasses on our eyes, then all the shirts will look blue. Similarly if we wear the glasses of *Prema* or love, then all that you see in the world will be *prema*. If your vision is not filled with *prema*, how can the things that you see with your vision be full of *prema*? It is the *Atharva Veda* which tells us that if you want to see Brahman in the entire creation, you must have your vision filled with *prema*.

It is a great folly to neglect the sacred *Vedas* which teach us such sacred paths. It is very undesirable to come to regard the *Vedas* as useless books and to put them aside. When we go to bed, we make an attempt to read storybooks which do not bring you any noble thoughts. We are not willing to read books which give us valuable

advice in life. Some students have a few other bad habits, too. They have transistor radios by their bedsides which play some music and they regard this as a lullaby for sending them to sleep. Some other students wish to read some useless story books and put them on their chests. Then only they will go to sleep.

You must regard your heart as a temple. You should make an attempt to install God in the temple of your heart. The human body is like a temple and in this lives *Jiva*, who is an ancient representative of God. To be born as a human being is an exceptional gift. To enable such a human birth to reach its destination and make it sacred, our *Vedas* have been teaching various paths. The *Sastras* and *Puranas* also enable the *Jiva* in the body to reach the sacred destination.