Contents

Prasnothara Vahini 5
The Answer 6
Preface for this ebook edition 7
Chapter 1. The Body and Senses 8
Chapter 2. The Fourteen Worlds 11
Chapter 3. The Four Stages of Life 13
Chapter 4. Freedom and Karma 16
Chapter 5. Spiritual Wisdom and Devotion 18
Chapter 6. Obstacles to Freedom 20
Chapter 7. The Five Sheaths 22
Chapter 8. Yoga and Freedom 24
Chapter 9. Spiritual Wisdom and Yoga 26
Chapter 10. Women and Knowledge of Brahman 28
Chapter 11. Life Stages and Castes 30
Chapter 12. The Scriptures and Renunciation 32
Chapter 13. Mantras and Repetition of the Name 34
Chapter 14. Spiritual Austerity 36
Chapter 15. Eightfold Discipline of Yoga 39
Glossary 42

Prasnothara Vahini Contents

3

Prasnothara Vahini Contents 4

Prasnothara Vahini

Answers to Spiritual Questions



SRI SATHYA SAI SADHANA TRUST

Publications Division

Prasanthi Nilayam - 515134 Anantapur District, Andhra Pradesh, India STD: 08555 : ISD : 91-8555 Phone: 287375, Fax: 287236 Email: enquiry@sssbpt.org URL www.sssbpt.org

© Sri Sathya Sai Sadhana Trust, Publications Division, Prasanthi Nilayam P.O. 515 134, Anantapur District, A.P. (India.)

All Rights Reserved.

The copyright and the rights of translation in any language are reserved by the Publishers. No part, passage, text or photograph or Artwork of this book should be reproduced, transmitted or utilised, in original language or by translation, in any form or by any means, electronic, mechanical, photo copying, recording or by any information, storage and retrieval system except with the express and prior permission, in writing from the Convener, Sri Sathya Sai Sadhana Trust, Publications Division, Prasanthi Nilayam (Andhra Pradesh) India - Pin Code 515 134, except for brief passages quoted in book review. This book can be exported from India only by the Publishers - Sri Sathya Sai Sadhana Trust, Publications Division, Prasanthi Nilayam, India.

International Standard Book Number 81-7208-306-8: ISBN for this ebook edition will come later

First Edition: July 2010

Published by: The Convener, Sri Sathya Sai Sadhana Trust, Publications Division Prasanthi Nilayam, Pincode 515 134, India

STD: 08555 ISD: 91-8555 Phone: 287375 Fax: 287236

Prasnothara Vahini Prasnothara Vahini

5

The Answer

Prasna means "question", *Uttara* means "answer", and *Vahini* indicates "a stream". This book is the stream of the questions that have evoked answers from Bhagawan Sri Sathya Sai Baba. Among the tasks that Bhagawan has assumed while incarnating, He has declared as basic the one that He calls, "the clarification and purification of the religious scriptures of mankind." Every *Vahini* emanating from Him has done this service to some aspect or other of the spiritual upliftment of man.

This *Vahini* is one of the earliest in the series, since it seeks to elucidate the fundamental concepts and precepts of religion, especially the technical words and expressions that seek to concretise them. Hitherto published as an Appendix to a single *Vahini*, the *Gita Vahini*, it is now placed in the hands of seekers as a key publication, helpful for readers of all the *Vahinis*.

The Ancient Wisdom (*Sanathana Dharma*), the Perennial Path, has been communicated to posterity in words that have suffered distortion, devaluation, dilution and denigration through the efflux of time and the controversies among commentators. *Varna*, *asrama*, *yoga*, *sanyasa*, *yajna*, *karma*—these are interpreted by dialecticians and practitioners of varied schools and sects, in confusing and contradictory versions.

Bhagawan has resolved these tangles. His exemplary love and patience sweeten not only every answer but every question too, for, He has, by posturing as the interrogator, made the clarifications full and fruitful.

N. Kasturi

Editor, Sanathana Sarathi

14 Jan. 1984.

6

Prasnothara Vahini The Answer

Preface for this ebook edition

This edition of *Prasnothara Vahini* improves on the previous edition. Grammatical errors and typos have been corrected, and some sentences have been rewritten to smooth and clarify the presentation —of course, without disturbing the meaning.

Sanskrit words have been replaced by English equivalents, to make the text accessible to readers who do not know Sanskrit. However, since many Sanskrit words have no exact English equivalent, the accuracy of the text has been maintained by putting Sanskrit words in parentheses, after their English translations.

Several Sanskrit words have made their way into the English language and can be found in most dictionaries —e.g. *dharma*, *guru*, and *yoga*. These words have been used without translation, although their meanings appear in the glossary at the end of the book.

Finally, in the ebook version —either a .epub file for the Ipad or a .mobi file for the Kindle—clicking on a Sanskrit word, a person's name, or a place may take you directly to the Glossary for the definition; a link on you reader should take you back to where you were reading. And you, the reader, can choose the font and font size that best suits your need.

7