

Contents

Upanishad Vahini	7
DEAR READER!	8
Preface for this Edition	9
Chapter I. The Upanishads	10
Study the Upanishads for higher spiritual wisdom	10
Develop purity of consciousness, moral awareness, and spiritual discrimination	11
Upanishads are the whisperings of God	11
God is the prophet of the universal spirituality of the Upanishads	13
Chapter II. Isavasya Upanishad	14
The spread of the Vedic wisdom	14
Renunciation is the pathway to liberation	14
Work without the desire for its fruits	15
See the Supreme Self in all beings and all beings in the Self	15
Renunciation leads to self-realization	16
To escape the cycle of birth-death, contemplate on Cosmic Divinity	16
Chapter III. Katha Upanishad	17
Nachiketas seeks everlasting Self-knowledge	17
Yama teaches Nachiketas the Atmic wisdom	18
The highest truth can be realised by all	18
The Atma is beyond the senses	18
Cut the tree of worldly illusion	19
The secret: learn and practise the singular Omkara	20
Chapter IV. Mundaka Upanishad	21
The transcendent and immanent aspects of Supreme Reality	21
Brahman is both the material and the instrumental cause of the world	21
Perform individual duties as well as public service activities	22
Om is the arrow and Brahman the target	22
Brahman is beyond rituals or asceticism	23
Chapter V. Mandukya Upanishad	24
The waking, dream, and sleep states are appearances imposed on the Atma	24
Transcend the mind and senses: Thuriya	24
AUM is the symbol of the Supreme Atmic Principle	24
Brahman is the cause of all causes, never an effect	25
Non-dualism is the Highest Truth	25

Attain the no-mind state with non-attachment and discrimination	26
Transcend all agitations and attachments	26
Cause-effect nexus is delusory ignorance	26
Transcend pulsating consciousness, which is the cause of creation	27
Chapter VI. Brihadaranyaka Upanishad	28
Atmic principles, experience, and constant practise	28
The four knowledge instruments: word, seed, measure, and geometry	28
Unity in diversity in nature	28
Janaka's sacrifice	29
Yajnavalkya explains the significance of ritual	29
Yajnavalkya explains the concept of Atma as super consciousness	29
Atma is to be attained by total renunciation	30
Brahman is the warp and woof of Creation	30
The never-changing Reality is the basis of the phenomenal world	30
Brahman is the Source of all Bliss	31
All things are loved for Atma alone	31
Yajnavalkya, the crown jewel of scholars of Brahmic knowledge	32
Chapter VII. Prasna Upanishad	33
Seekers meet the guru with sincere heart offerings	33
Beings are born to perpetuate Creation	33
Contemplate on the orderly universe and its principles	33
Consecrate the body, a complex of vital elements, by sacrifice	34
The Sun governs the vital air and vital functions	34
The Self abides in all beings	35
God resides in the heart	35
The never-changing Absolute Reality and the ever-changing phenomenon	35
Chapter VIII. Kena Upanishad	37
Seek to know the Eternal, not the ephemeral	37
The Atma activates and illumines all	37
No knower can know the Knower of All: Atma is beyond senses	38
Those who claim to know Atma don't really know	38
All people are entitled to knowledge of God; experience is the approach, the proof the result	38
Snap the strings of worldly attachment	39
Chapter IX. Chandogya Upanishad	40
Work, worship, and wisdom	40
Being or "is-ness" is the universal quality of all objects	40
By knowing Atma, you will know all	40

The body decays and dies, but not the Self	41
Discover omnipresent Brahman in the heart lotus!	41
The journey of the soul after death	42
Expand your consciousness for liberation	42
To experience Reality, give up identification of the Self with the body	43
Chapter X. Aithareya Upanishad	44
Freedom from delusion results in vision of Atma	44
Atma is unlimited, endless, changeless, all	44
Atma existed before Creation	44
Atma is devoid of all distinctions and beyond the reach of senses	45
Atma governs the “deities” of the senses	45
Lord illumines everything through living beings	45
Human beings have three forms of birth	46
Chapter XI. Taithiriya Upanishad	47
The objective world is caused by ignorance, with bondage the result	47
Liberation cannot be produced by any action	47
Brahman is Truth, Omniscience, Eternal	48
Do not swerve from Truth, duty, well-being of all	48
The science of spirituality is the highest field of experiential knowledge	48
Contemplate on the five sheaths of the human	49
Rise from the gross to the subtle stage by contemplating on the vital breath	49
Mantras illumine the Atmic splendour	50
Chapter XII. Brahmanubhava Upanishad	51
Nonduality is the essence of all Upanishads	51
Brahman is described by five attributes	51
Give up desire, attachment, and ego	51
Atma is ever full, ever pure, and Self-luminous	52
Give up desires, attachments and negate the mind	52
Attain Brahman by the process of negation of senses	53
God is encased everywhere	53
Discover Divinity through the eye of wisdom or of love	54
Joy and grief, vice and virtue are binding products of the mind	54
Overcome the triple distinctions or illusions	55
Glossary	56

Upanishad Vahini

Stream of the Upanishads



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DEAR READER!

Bhagawan Sri Sathya Sai Baba has come among humanity and is providing spiritual sustenance and guidance, in order to re-establish truth, justice, peace, and love as the mainspring of individual, social, and national life. He is using ancient and modern instruments for this great task, *Sanathana Dharma* and science. His writings, discourses, and conversations, which correct, communicate, and convince, are full of statements and commentaries on the discoveries of physical and metaphysical sciences.

This book, which gives in English His articles (first published in Telugu in the *Sanathana Sarathi*) on the Ten *Upanishads* (invaluable textbooks on spiritual discipline and on the glorious fruit of spiritual adventure) will reveal to you the vast limitless mercy that impels Him to save us from trivialities and prompts Him to guide us along, until we reach the Goal of Life.

Making us tread the path discovered by the sages of the past, inducing us to revere their light and their message, illumining in us the flame of knowledge, which dispels delusion —that is what Bhagawan, with His Supreme Love, does for us in this book.

Let us read it with care, recapitulate it with earnestness in the silence of our hearts, and practise it with humility and faith in every turn of thought, in every tilt of tongue, and in every digit of deed.

N. KASTURI Prasanthi Nilayam, 21 April 1968

Preface for this Ebook Edition

The first English edition of the *Upanishad Vahini* was translated by N. Kasturi from the Telugu version of the same written by Bhagavan Sri Sathya Sai Baba and published serially in the Telugu *Sanathana Sarathi*. This English edition improves on the previous one in several ways. Grammatical errors and typos have been corrected, and some sentences have been rewritten to smooth and clarify the presentation —of course, without disturbing the original meaning. Some long paragraphs have been split in two or more paragraphs where it made sense and provided easier reading. Numbered subtitles or sections make it easier to find one’s way in the book.

Sanskrit words have been replaced by their English equivalents, to make the *Upanishad Vahini* more accessible to readers who do not know Sanskrit. However, where appropriate, the Sanskrit has been retained (in parentheses, following the English). Many Sanskrit words have no exact English equivalent, and retaining the Sanskrit keeps the edition accurate.

Some Sanskrit compounds have been hyphenated between their constituent words to aid those who like to analyze the meanings of the individual words. Several Sanskrit words have made their way into the English language and can be found in most dictionaries —e.g. *dharmā*, *guru*, *yoga*, and *moksha*. These words have generally been used without translation, although their meanings appear in the glossary at the end of the book.

Besides definitions of Sanskrit words used in the *Upanishad Vahini*, the glossary contains descriptions of the people and places mentioned.

Finally, this ebook edition allows you, the reader, to choose the point size and font that suits you. Make use of that feature! Also, this ebook has links to the glossary. Click on most Sanskrit words, people, and places and you will be taken to the page in the glossary where that word, person, or place is defined. Your reading application should have a “back” button that will allow you to return to where you were reading.

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